



About Face & Body

Medical Spa
Dr. Steven C Spencer
Michelle Osborne-Spencer, PA

POST-PROCEDURE INSTRUCTIONS INJECTABLE FILLERS

RADIESSE, BELOTERO, JUVEDERM ULTRA, JUVEDERM ULTRA PLUS, JUVEDERM VOLUMA, VOLBELLA, VOLLURE, RESTYLANE, SILK, LYFT, REFYNE, DEFYNE, KYSSSE

- Apply ice to the treated area for the first 24 hours if treated around the eye or lips. 20 minutes on, then 20 minutes off is a good rule.
- The first post-procedure visit will be in one week.
- The injected points are very small and need little care. At home, you can clean the area with a non-irritating cleanser. Make-up can be worn in one-hour after the procedure.
- A feeling of numbness or swelling in the treated area is normal and it will relax within a few hours.
- Your skin is sensitive to the sun. You should apply a 30 SPF or greater sunblock 3-4 times a day when you are exposed to moderate amounts sun.
- You should refrain from massaging the injected area. The area may *feel* lumpy and is normal. However, if a visible lump is seen after 3 days, please schedule a follow-up appointment so we may gently massage and mold the area to smooth the filler.
- Some swelling and soreness is expected in the areas that were injected, however, pain in the area injected or pain near the area injected, pain to touch or changes in color need to be reported immediately.

NOTIFY OUR OFFICE AT 281-398-5001 WITH ANY UNEXPECTED PROBLEMS OR CONCERNS.